Parents Online Safety Hub (POSH)

One Standard. Same Boundaries. Safer Families.

Windows Parental Controls Checklist (V3)

- Open system or app settings.
- Locate Parental Controls or Family Settings.
- Set screen time limits.
- Restrict communication to approved contacts only.
- Disable public chat where possible.
- Restrict purchases or require approval.
- Review activity reports weekly.
- Keep admin password private.

Emergency: If a child is in immediate danger call 000.

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